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Eco-Friendly Recipes

To make your home smell amazing.

Natural and Chemical-Free Scents
for Every Room

*Welcome to a world of
natural home scents!*

These recipes are easy to make,
eco-friendly, and perfect for
creating a cozy atmosphere
without harsh chemicals

Hill House Haven-2024

Citrus & Spice Stovetop Simmer

Ingredients:

- 1 orange (sliced)
- 1 lemon (sliced)
- 2-3 cinnamon sticks
- 1 tablespoon cloves
- 4 cups water

Instructions:

1. Add all ingredients to a pot and cover with water.
2. Simmer on low heat, adding more water as needed to keep the mixture from drying out.
3. Enjoy the warm, spicy aroma that fills your home.

Pro Tip: Save your citrus peels and store them in the freezer for future simmers.



Fresh & Herbal Simmer

Ingredients:

- 1 handful fresh rosemary sprigs
- 1 sliced lime or lemon
- 1 teaspoon vanilla extract
- 4 cups water

Instructions:

1. Add ingredients to a saucepan with water and simmer on low heat.
2. Refill with water as needed to keep the scent going throughout the day.

Pro Tip: Use fresh herbs for the best aroma. Dried herbs can work in a pinch but may not be as fragrant.

Cozy Winter Simmer

Ingredients:

- 1 cup fresh cranberries
- 2 orange slices
- 2 sprigs of fresh pine or a handful of pine needles
- 2 cinnamon sticks
- 4 cups water

Instructions:

1. Add everything to a pot, cover with water, and simmer gently.
2. Replenish water to keep the scent alive.

Pro Tip: This recipe is perfect for holiday gatherings or cold winter evenings.

Chai Tea Stovetop Simmer

Ingredients:

- 2-3 chai tea bags (or loose-leaf chai tea)
- 1 cinnamon stick
- 1 tablespoon whole cloves
- 1 tablespoon cardamom pods (optional)
- 1 teaspoon vanilla extract
- 4 cups water

Instructions:

1. Combine all ingredients in a medium saucepan.
2. Bring to a gentle simmer over low heat.
3. Add more water as needed to maintain the aroma throughout the day.

Pro Tip: Use leftover chai tea for a warm drink while enjoying the aroma.

Lavender & Citrus Room Spray

Ingredients:

- 1 cup distilled water
- 2 tablespoons witch hazel or vodka (acts as a preservative)
- 10 drops lavender essential oil
- 10 drops sweet orange essential oil
- Small spray bottle

Instructions:

1. Combine all ingredients in the spray bottle.
2. Shake well before each use.
3. Spray into the air, on linens, or anywhere you want a fresh scent.

Pro Tip: Store in a cool, dark place to preserve the essential oils.

Thank you for downloading these eco-friendly recipes! We hope they bring warmth and joy to your home.

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Hill House Haven- Southern Mom

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