

DIY Lavender & Tea Tree Laundry Detergent Recipe

What You'll Need:

6 cups boiled water (helps dissolve everything)

1/2 cup **washing soda** (boosts cleaning power & softens water)

1/4 cup **baking soda** (fights odors & brightens clothes)

1/2 cup **liquid Castile soap** (plant-based & gentle)

10 drops **lavender essential oil** (smells amazing & antibacterial)

5 drops **tea tree essential oil** (fights germs & mold)

How to Make It:

1. Boil the water and pour it into a large mixing bowl or bucket.
2. Add the washing soda and baking soda, stirring until they fully dissolve.
3. Stir in the Castile soap gently to combine.
4. Drop in the essential oils and stir well.
5. Let it cool, then pour into a reusable container or an old detergent bottle.



Ditch the chemical stain removers and switch to natural, effective solutions that are better for your clothes, skin, and the environment!

<i>Features</i>	<i>Store Bought</i>	<i>Home-made</i>
Ingredients	Synthetic fragrances, sulfates, phosphates	Plant-based soap, washing soda, essential oils
Ingredients	Can cause irritation & allergies	Gentle, non-toxic, great for sensitive skin
Ingredients	Harsh chemicals can pollute water	Biodegradable & safe for the environment
Ingredients	\$10-\$20 per bottle	A fraction of the price
Ingredients	Artificial perfumes	Natural lavender & tea tree
Ingredients	May leave behind chemicals	Rinses clean without buildup

Bonus: DIY Stain Spray

Mix 1 cup white vinegar, 1/2 cup water, and 1 tbsp Castile soap in a spray bottle. Shake well and spray on stains before washing.



Natural Stain Removal Cheat Sheet

Say goodbye to harsh chemicals!

Use these natural, eco-friendly stain removers for common household stains.

Natural Stain Treatments:

Baking Soda & Water Paste

Great for: Sweat stains, mild food stains, odors. Mix 3 parts baking soda with 1 part water. Apply, let sit 30-60 min, then scrub and wash.

Castile Soap

Great for: Dirt, food, grease, mild ink stains. Rub liquid Castile soap onto stain, let sit 15-30 min, then wash.

White Vinegar & Baking Soda

Great for: Sweat stains, deodorant marks, whites. Soak in equal parts vinegar & water for 30 min, then scrub with baking soda before washing.

Lemon Juice & Sunlight

Great for: Berry stains, sweat stains on whites. Apply lemon juice, place in sunlight for a few hours, then wash.

Hydrogen Peroxide & Dish Soap

Great for: Blood, wine, grease, coffee. Mix 1 part hydrogen peroxide with 1 part dish soap. Apply, sit 15-30 min, then rinse and wash.

Cornstarch

Great for: Oil & grease stains. Sprinkle on stain, let absorb for 30 min, brush off, then wash.

Salt & Club Soda

Great for: Red wine, fresh blood stains. Blot excess, cover with salt, pour club soda over it, let sit 10-15 min, then wash.

